### IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

Applicant: Krull

Art Unit: 3764

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Serial No: 10/682,265

Examiner:

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Filed: (

October 7, 2003

APR 2 3 2004

Title: EXERCISE RESISTANCE METHODS AND APPARATUS

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Mark A. Krull

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Commissioner for Patents Attn: Art Unit 3764

Dear Sir:

A Preliminary Amendment (7 pages) is being submitted in connection with the above-identified patent application.

Please charge any appropriate fees, including \$86.00 for two independent claims in addition to three, to USPTO Deposit Account No. 501463. This document is being submitted in duplicate.

Reg. No. 34,205

(541) 385-0383

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